Dear Parents/ Caregivers and Friends of SHAPS,

Last week the whole school attended *Mass in the Cathedral*. The Mass was celebrated by Rev Ninos and the school choir led the singing. This was an opportunity for the whole school to give praise and thanks to God and asks for guidance and assistance for the 2015 school year. We would to thank parents that also attended the Mass.

The *Parent Information* evening held last week was very successful. We thank the many parents that attended. These are important events as they give parents and teachers an opportunity to discuss the educational program for the students in the coming year. Parents get to know a bit more of what is expected of their child so as to improve their learning. If you were not able to attend, please contact your child’s class teacher for further information.

*Healthy Harold* has come to an end this week. Every class attended the program and it was very successful. We thank the teachers for the organisation of this important annual educational activity as it assist children to make safe and healthy lifestyle choices.

*The Parents & Friends* held its annual meeting this week. It was attended by many parents. The P&F outlined its program for 2015. It also discussed the use of funds that have been raised over the past two years and includes an electronic parental notice board and artificial grass for the playground. Further discussions with the School Executive will now take place to make a final decision. The P&F meets every second Wednesday of the month and all parents are welcome to attend.

Aldo Rufo
Deputy Principal

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**TERM 1 - WEEK 4**
**FRIDAY 20th FEBRUARY 2015**

**Important Information!!**

**SPORTS DAYS -**
- Kindy - Tuesdays
- Yrs 1 & 2 - Mondays
- Yrs 3 & 4 - Thursdays
- Yrs 5 & 6 - Fridays

**Up coming events!!**
- Eels Community Carnival 23/2
- Nutrition Survey 26/2
- SHAPS Swimming Years 3-6 27/2
- Last Day for Students 1/4
- Pupil Free Day 2/4
- Good Friday 3/4

**Uniform Shop Hours!!**
- Monday - 9am to 11am
- Tuesday - 9am to 11am
- Wednesday - 2.30pm to 4.30pm
NUTRITION SURVEY

SHAPS is participating in a nutrition survey commissioned by the University of Sydney. Please refer to the letter below for more information about this survey.

Dear Parents,

Some of you may have heard about the Schools Physical Activity and Nutrition Survey (SPANS) which involves over 100 schools in NSW. I am delighted to announce that our school has been invited to participate. This is a great opportunity for our students to be involved in helping health professionals better understand children’s lifestyles such as their physical activity, fitness, food habits and movement skills. A team of specially trained teachers will collect the information on almost 8,000 students from Years K, 2, 4, 6, 8 and 10. The survey is being managed by a research team from the University of Sydney.

Children in some classes in Years K, 2, 4, and 6 will bring home information about the study and a consent form. If you receive this package, please read carefully the information statement; if you agree to allow your child to participate, please complete the consent form, and send it back to school (using the envelope provided) as soon as possible. The survey will take place at our school on the Thursday, 26 February 2015.

SHAPS HOME READING PROGRAM

This year we have reorganised our home reading program for K-2.

Inside the new home reading logs you will find a weekly reading log and rewards pages for students who read each night of the week. At the back you will also find some information and links about books and helping your child to read.

Please ensure that you spend some time each evening reading with your child. This can include you reading to your child, your child reading to you or your children reading to each other. As a guide, children in K-2 should be reading for between 10 - 20 minutes each night. As all children develop reading skills at different rates, please use this as a guide only. Your child’s teacher will be able to advise you on the recommended routine and times for your child.

Home reading is a part of your child’s regular weekly homework – please ensure that completed logs and home readers are returned to school with your child every Friday.

Thank you for your continued support (Mr Perrett- K-2 Stage Coordinator)

Healthy Harold

Healthy Harold Caravan Educational Unit was at school for over a week and all classes attended as part of their PEHPD subject. We Thank Miss Rowena Benjamin and Mrs Carmin Miceli for their organising this activity for the whole school.

The table below shows the topics that the various grades focused on.

<table>
<thead>
<tr>
<th>Grade</th>
<th>Topic</th>
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<tbody>
<tr>
<td>Kindergarten</td>
<td>Harold’s Surprise</td>
</tr>
<tr>
<td>1</td>
<td>Mystery Tour</td>
</tr>
<tr>
<td>2</td>
<td>Harold’s Heroes</td>
</tr>
<tr>
<td>3</td>
<td>Be Cyberwise</td>
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<tr>
<td>4</td>
<td>Mind Your Medicine</td>
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<tr>
<td>5</td>
<td>On the Case</td>
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<tr>
<td>6</td>
<td>Think Twice</td>
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</tbody>
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